



Rosseau Lake  
College

# A Handbook for Parents and Students

2025-2026



**Welcome to the Rosseau Lake College Handbook for Parents and Students.** This resource is designed to help families and students understand the daily life, expectations, and values that shape the RLC experience. Whether you are new to our community or returning for another school year, this handbook serves as a guide to the policies, procedures, and supports that help ensure a safe, respectful, and enriching environment for all.

At Rosseau Lake College, we believe that education is a shared journey between students, families, and educators. Clear communication and mutual understanding are essential to fostering a culture of respect, responsibility, and personal growth. In the pages that follow, you will find information about academic guidelines, behavioural expectations, health and wellness supports, co-curricular opportunities, and day-to-day logistics, including schedules, dress code, and campus life.

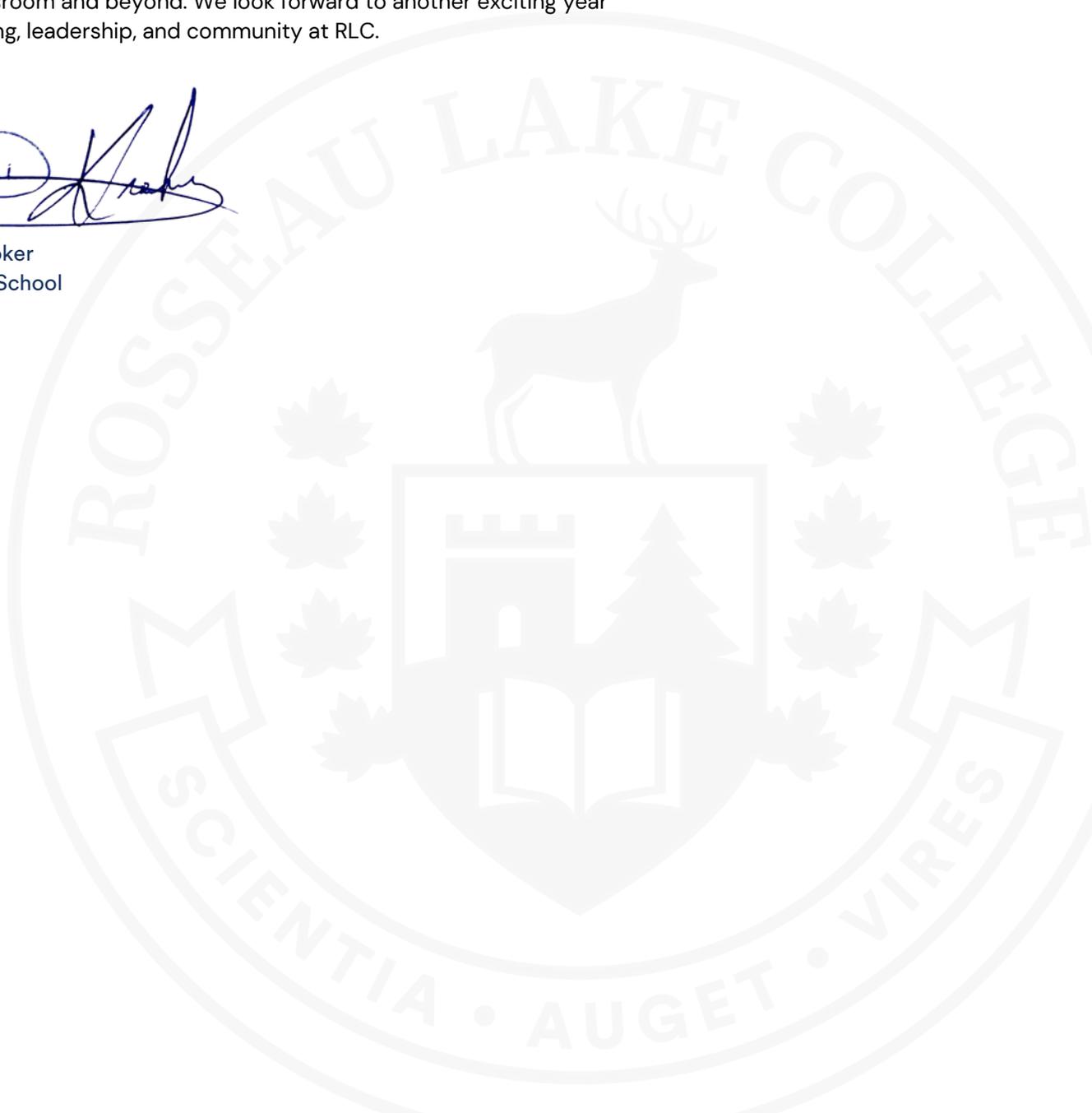
We encourage families to review this handbook together and to reach out if there are any questions or areas that require clarification. Our goal is to partner with you in supporting your child's success—both in the classroom and beyond. We look forward to another exciting year of learning, leadership, and community at RLC.

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Dave Kroker  
Head of School



**Mission**

We create extraordinary learning opportunities rooted in meaningful experiences in our unique natural environment. RLC is a family with global citizenship that supports one another to be the best of ourselves, throughout our lives.

**Vision**

We will be the school of choice for students looking to be conscientious stewards of our ever-changing world. The RLC family will reflect the global nature of learning; our campus will be a home that inspires deep connections to the environment; and our values will reflect our roots and guide us into the future.

**Motto**

SCIENTIA AUGET VIRES

Knowledge Increases Strength

**School Crest**

The RLC school crest was chosen in 1967 by Ronald H. Perry, founding Headmaster. The maple leaves at the bottom signify our Canadian setting and the deer at the top represents the natural surroundings of Rosseau Lake College. The interior of the crest shows a tower (strength), a tree (growth), and an open book (knowledge).

**School Colours**

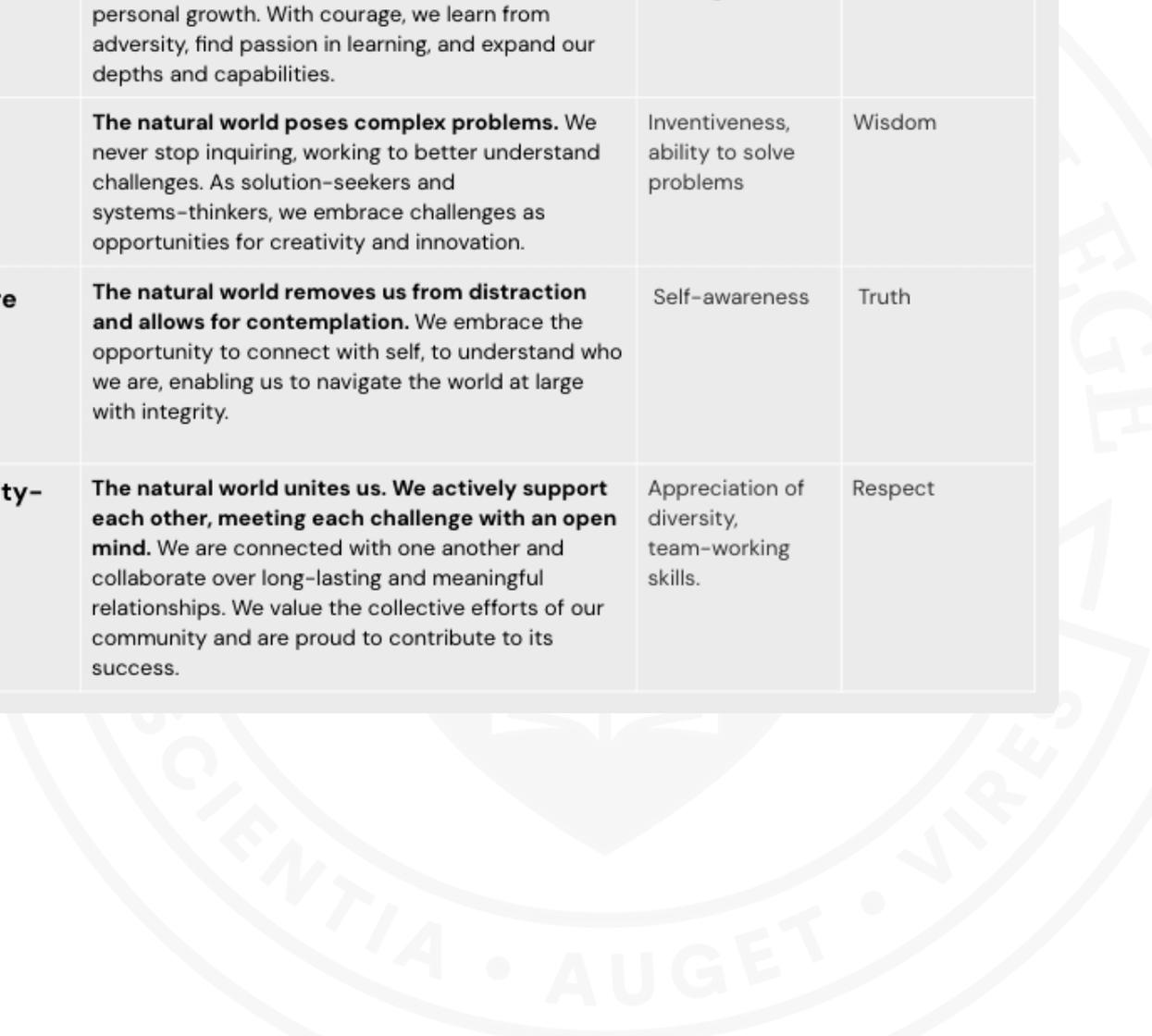
Blue, red, yellow and white (blue and red are dominant).



# The Rousseau Roots

How might we describe a  
Rousseau Lake College graduate?

Outcomes	Descriptors	Round Square Discoveries	Seven Grandfather Teachings
Thoughtful	<b>We are members of the natural world.</b> We work to understand it so that we may better respect and protect it. With love, gratitude, compassion and humility, we embrace learning and growth with an open mind, while allowing and even inspiring others to do the same.	Inquisitiveness, compassion, commitment to sustainability	Humility, Love
Persuasive	<b>The natural world needs us,</b> and we have the competence, confidence and character to advocate for it, our community and ourselves. We express ourselves persuasively and with a sense of responsibility and honesty.	Sense of responsibility, communication	Honesty
Adventurous	<b>The natural world challenges familiar comfort and ease.</b> We embrace challenge as an opportunity for personal growth. With courage, we learn from adversity, find passion in learning, and expand our depths and capabilities.	Tenacity, courage	Courage
Creative	<b>The natural world poses complex problems.</b> We never stop inquiring, working to better understand challenges. As solution-seekers and systems-thinkers, we embrace challenges as opportunities for creativity and innovation.	Inventiveness, ability to solve problems	Wisdom
Self Aware	<b>The natural world removes us from distraction and allows for contemplation.</b> We embrace the opportunity to connect with self, to understand who we are, enabling us to navigate the world at large with integrity.	Self-awareness	Truth
Community-Minded	<b>The natural world unites us. We actively support each other, meeting each challenge with an open mind.</b> We are connected with one another and collaborate over long-lasting and meaningful relationships. We value the collective efforts of our community and are proud to contribute to its success.	Appreciation of diversity, team-working skills.	Respect





# Academic life

Rosseau Lake College is a school that challenges and empowers each student individually through the rigours and adventures of our academic program; while the core curriculum is based on the requirements of the Ontario Ministry of Education, it is one that is intentionally rooted in the vast opportunities of nature and our incredible geographical setting. Our teachers are relentless in the maintenance of our kind, caring, and supportive personalized learning community while continuously innovating practices and approaches that make us a leading outdoor-education, environmental, Indigenous-knowledge-based and experiential school. Students graduate from Rosseau Lake College with a strong sense of self according to each of our six Rosseau Roots, and the knowledge and skills that will allow them to truly thrive in the next phase of life.

Our personalized approach to education is unique and positively responds to the education criticisms of business and professional leaders as well as post-secondary educators.

## Course Delivery and Academic Timetable

### Semester-Linear Hybrid schedule

At Rosseau Lake College, the Semester-Linear Hybrid model ensures a balanced academic experience that supports mastery and skill development over time. More information on courses can be found in the academic [Course Descriptions handbook](#).

- Grades 9-10: Students take four year-long (linear) courses every other day, along with two daily semestered courses, every 18 weeks.
- Grades 11-12: Students take up to four daily semestered courses per semester, every 18 weeks

### Literacy (English Language Arts) Grades 9 & 10 – Linear

Students in Grades 9 and 10 engage in year-long literacy development, ensuring sustained progress in reading, writing, and critical thinking. This extended format allows for deeper exploration of

texts, continuous writing practice, and integration of cross-curricular literacy skills. The linear model fosters consistent skill-building, providing students with regular feedback to refine their communication and analytical abilities.

### **Numeracy (Mathematics) Grades 9 & 10 – Linear**

Mathematics is delivered as a linear course for Grades 9 and 10 to promote long-term comprehension and retention of mathematical concepts. This model supports students in developing problem-solving skills at a steady pace, reinforcing fundamental numeracy skills throughout the year. With consistent exposure to mathematical reasoning and applications, students build confidence and fluency in preparation for senior-level courses.

### **Outdoor Education Grades 9 & 10 – Linear**

Students engage in land-based learning, environmental stewardship, and leadership activities that connect directly to their academic subjects. This linear approach allows for seasonal outdoor experiences, ensuring skill progression in activities such as canoeing, skiing, snowshoeing, camping and wilderness survival. In Grades 11 and 12, Outdoor Education is available as a semestered elective with options such as outdoor leadership, expedition planning, kinesiology, food and sustainability, and environmental studies.

### **Languages (French, Anishinaabemowin (Ojibway), & English Language Learning) Grades 9 & 10– Linear**

Languages are delivered as year-long courses for Grades 9 and 10, ensuring sustained language acquisition and fluency development. Students experience immersive, real-world applications of communication skills. French and Anishinaabemowin courses provide students with an opportunity to develop their linguistic and cultural understanding. English Language Learning (ELL) is also available to support students who are learning English as another language, in developing their proficiency up to Grade 10. In Grade 11, ELL learning is not available as a course, but may be available as outside of the timetable tutorial support.

### **Student Support (Learning Strategies) Grades 9 & 10 – Linear Year-Long**

The year-long Learning Strategies courses (GLS10 and GLE20) are designed to cultivate foundational academic and organizational skills through consistent, sustained support. This extended format facilitates progressive skill development, moving students from basic organizational techniques in Grade 9, like time management and note-taking, to advanced study and self-advocacy skills in Grade 10, including research methods. This gradual, year-long approach ensures students can effectively apply these strategies across all subjects.

### **Elective Options**

Periodically, there will be an elective option that is offered in a linear block for students who do not choose to pursue a language learning elective beyond the required Grade 9 compulsory course.

### **Outtrips**

The school outtrips are a part of our academic program and a core component of what makes RLC unique. Students will not be permitted to miss outtrips as this is essential to the RLC contract.

### **Duke of Edinburgh Award**

RLC students have the option to enroll in the Duke of Edinburgh Award program in grade 9. Through outtrips, programming, and service opportunities, students will meet the requirement for the bronze level award, though it is the initiative of the student to maintain records and submit documents. In addition, students will have the opportunity to earn their silver and gold level awards if they choose to undertake the challenge.

### **Community Involvement/Volunteer Hours**

Students graduating in Ontario are required to complete 40 hours of community service. While there may be opportunities to accumulate hours through activities offered on weekends and at other times during the school year, students are encouraged to take advantage of opportunities while they are at home on long weekends, holidays, and during the summer to complete their hours.

### **Academic Attendance**

Attendance and punctuality are extremely important. The Ontario Ministry of Education requirements dictate that credits are granted based on the basis of 110 teaching hours in each subject. A student whose attendance is irregular (<90%) is putting his/her credits in jeopardy. If the situation is chronic, the student may be asked to provide supplemental instruction at home or, in cases without a documented medical reason, leave the school. Students who leave early for holidays, or have irregular attendance, may be declared ineligible for academic privileges and may also be ineligible to receive academic awards at the Closing Ceremonies in June.

Parents of day students are responsible for ensuring their child arrives at RLC on time each morning. If absence due to illness or appointments occurs, please call the main office before the start of the school day via +1-705-732-4351. Permission for planned absence more than one day must be obtained in advance by submitting an Academic Leave Form to the main office for approval. RLC's school holiday schedule is very generous and families are asked to respect the school calendar dates.

### **Inclement Weather Days**

Classes are always in session given that we have many boarders and teachers who live on campus. Should driving conditions for day student transportation be deemed unsafe, an email/text message confirming bus service cancellation will be sent by 6:30 am. If all of the buses are cancelled, the start to the school day will be delayed with Community Circle commencing at 9:00 am. All instructional material will be available through Google Classroom and teachers will host live Google Meet check in opportunities for students who are unable to attend school.

### **Spare Periods**

Students in grade 12 are permitted one spare period each semester if their credit count allows. Students are encouraged to use this time to work in available spaces or in their rooms. Students not using their time effectively or disrupting others may be placed under supervision during Spare.

### **Course Schedule Changes**

We work extensively with students and families to ensure just the right programming and path for each individual student. Therefore, selecting courses at RLC is a highly involved process that includes all members of the circle of care: parents, guardians, houseparents, mentors, and teachers. Led by our Post-Secondary Counselling Team and Academic Advisors, Jane Audet and Jessica Sheppard will help support students with course selection beginning in April of the previous school year. Virtual workshops continue throughout the early portion of the summer, particularly for new and international families. Course selection forms are shared with returning students in May, and with new students upon enrollment. We ask that all courses are selected by August 1st, prior to the beginning of the school year. Course calendars are available to students and families upon arrival in September.

### **Faculty Advisory: Mentor Program**

All students at RLC are assigned to a faculty advisor who acts as both a mentor and direct liaison between home and school. A Faculty Advisory Program is a structured support system in which each student is partnered with a dedicated faculty advisor who serves as a consistent mentor, advocate, and point of connection throughout the school year. The program is designed to foster relationships between students and faculty, promote personal growth and well-being, and help students navigate their academic and co-curricular journeys. Through regular check-ins, group discussions, and guided activities, the program supports students in setting goals, building life skills, and developing a strong sense of belonging within the school community.

## **Academic Reporting**

The RLC academic year is divided into two semesters and include a progress report and final report for each semester. There are two Parent-Teacher meetings as noted on the school calendar, although families may contact the school at any time for updates on their child's academic progress.

## **Academic Support**

Rosseau Lake College offers a range of academic support systems to help every student. Weekly tutorial periods provide time to connect with teachers for extra help while our Student Success support offers targeted guidance for those needing additional support. Teachers use differentiated instruction in the classroom to meet diverse learning needs. Students who struggle with deadlines may be assigned to mandatory tutorial or Sunday study hall for boarding students. Boarding students also benefit from supervised evening academic prep with RLC faculty, creating a structured environment for academic success. As always, our greatest partners in academic support are our relationships and ongoing communication with parents and guardians.

## **Assessment and Evaluation**

At Rosseau Lake College, assessment is a student-centered process grounded in a growth mindset. Students are assessed across four categories: Knowledge & Understanding, Thinking/Inquiry, Communication, and Application. Learning skills and work habits such as Responsibility, Collaboration, Organization and Self-Regulation are reported separately to support the development of essential skills.

Homework is purposeful, reinforcing skills and extending classroom learning. Students are expected to manage their time effectively and access available supports, including tutorials and structured prep time.

Final evaluations may take the form of traditional exams or alternative assessments such as inquiry projects or presentations, depending on course outcomes.

## **Academic integrity policy**

At RLC, academic integrity means that all work you submit must reflect your own effort, knowledge, and understanding. Honesty in learning builds trust and prepares students for success in the future. By being part of RLC, students commit to upholding honesty, responsibility, and excellence in their academic work.

### **What is Academic Dishonesty?**

- Cheating – Copying work, using unauthorized material, falsifying data, or taking test/exam materials without permission.
- Plagiarism – Using another person's ideas, writing, or research without proper citations.
- Misuse of Collaboration – Not contributing equally in group work or collaborating on individual assignments.

### **Responsible Use of Generative AI**

- AI tools may be used in class if approved by the teacher.
- Each course/teacher will define acceptable AI use.
- AI-generated content, that is not representative of original thought, must be properly cited.

### **Irresponsible Use of AI**

- Unapproved use of AI for assignments or assessments.
- Submitting AI-generated work as your own.
- Multiple offenses may result in academic consequences.

## **Our Restorative Approach to Questions of Academic Integrity**

1. Inquire – Teachers will inquire and investigate by asking questions and discuss their concerns with the student.
2. Learn – If it is determined that dishonesty has occurred, students will redo work to meet the expectations of the assignment. Assignments or tasks may be revised at the teacher's discretion to ensure equity and fairness for all students.
3. Repair – Families and Mentors are informed, and a support plan is put in place to ensure education, growth and to prevent recurrence.. The Assistant Head of School, Academics is notified and may be involved in conversations with the student and faculty.
4. Progressive Discipline – If academic dishonesty recurs, progressive disciplinary action will be taken according to the Code of Conduct.

### *In all courses, teachers will:*

- Discuss the need and expectation for academic honesty
- Provide course and assignment requirements
- Emphasize the use of a variety of different sources and information
- Teach students how to properly incorporate and cite information from various sources
- Outline expected conduct for assessments

### *In all courses, students will:*

- Know and understand the conditions of academic honesty
- Know the different forms of cheating and plagiarism and how to avoid them
- Ask for assistance from the teacher if they need help to cite references properly
- Cite sources appropriately and properly
- Produce work without plagiarizing or cheating

## **Electronic Device Guidelines**

RLC recognizes that hand-held electronic devices, such as phones and smartwatches, as well as headphones and ear buds, are often very useful learning tools. They can, however, also be a distraction to learning and an impediment to meaningful social connections.

If a student brings a hand-held device or headphones/earbuds to RLC, guidelines are in place for use. These guidelines are updated annually and shared with the parent and school community in September.

## **School Supplies**

All students are required to have a laptop computer (ideally less than three years old), Windows or Mac OS.

Other requirements include:

- Graphing calculator for grade 10 and higher mathematics (e.g., Texas Instruments TI-83 or TI-84)
- Pens, pencils, ruler, lined paper, binders (a selection of supplies are available at the school store)
- Students whose first language is not English are advised to be equipped with a good First-Language/English dictionary and/or an electronic translator

## **Learning Resources**

The school supplies students with some learning resources. The students are charged for any resources they receive and may keep them if they wish.

## **Software**

Students are provided with 15GB of cloud storage through Google Drive. Software is usually public domain that can be downloaded onto students' computers, and much of the students' work will be web-based. Some specialty courses, such as Communications Technology, require access to specialized software. In these cases, the School may be able to provide access for this software, or students may need to purchase it themselves.

# Daily schedule

## A typical day at Rosseau Lake College

- 7:15** Wake up
  - 7:45 – 8:15** Breakfast check-in
  - 8:15** Room inspection
  - 8:15 – 8:25** Day buses arrive
  - 8:30** Morning Community Circle
  - 8:35** Period One
  - 9:55** Period Two
  - 11:15** Advisory groups / Committees / Clubs / etc
  - 12:00 – 1:00** Lunch
  - 1:00** Period Three
  - 2:20** Period Four
  - 3:45 – 4:45** Co-curricular program
  - 4:45** After-school snack then day buses depart
  - 5:30 – 6:00** Dinner
  - 6:15 – 7:30** Academic Prep
  - 7:30–9:30** Evening Routine, Open Gym
  - 9:00 – 9:30** Snack in Dining Hall
  - 9:30 – 11:00** Bedtime Routine
- Grades 7 and 8: curfew 9:30pm; lights out 10:00
- Grades 9 and 10: curfew 10:00pm; lights out 10:30
- Grades 11 and 12: curfew 10:30; lights out 11:00

# Campus fees

A personal account will be set up for each student. This account is used for charges incurred by the student for school-related programs or expenses such as weekend bus tickets and school recreational activities. With the exception of the school store, students are not allowed to charge personal items to their accounts. A statement of the personal account will be emailed to the parents once a month during the school year. Parents can sign up for automatic payments by credit card via their School Admin account.

## **Active & Creative Co-curricular Program**

Rosseau Lake College offers a robust active and creative co-curricular program for all students throughout the year.

The sports program will cover the cost of transportation and facility expenses for regular fixtures but does not cover meals en route, accommodations, or equipment rentals. There may be additional fees for specific sports such as alpine skiing and snowboarding.

## **English Language Learning (ELL)**

Students whose first language is not English will be required to take an English language placement test to determine whether the student needs to take an ESL course. The test will be administered by our specialist who will establish individual levels and determine an appropriate level of study, if required. [See our website for more information.](#)

## **Art Supplies**

Students enrolled in Visual Art in grades 9 – 12 will be issued a binder and a sketchbook by the art department of a specific type and size. A charge of \$15 to cover the cost of the supplies will be charged to the student's personal account.

## **Day Student Transportation**

Rosseau Lake College provides day bus transportation from Parry Sound, Bracebridge, Huntsville, and Port Carling. A monthly fee of \$340 will be charged to the student's personal account.

## **Private Tutoring**

Our teachers are continually looking beyond the academic schedule to support you: during office hours, lunch hours, and even during weekends and evenings. On the occasion when you require support even beyond what the teacher is able to provide, we work to partner you with a tutor. If possible, we make connections within the student body as part of our peer tutoring program. Beyond that, however, we maintain a partnership with Prep Academy Tutors, who provide an online tutoring service for our students. Prep Academy has a thorough hiring process that includes OCT certification, police record checks, and professional references. They are able to work with you individually to ensure just the right tutor. The cost will be billed to participating students.

## **Weekend Activities**

Rosseau Lake College provides a weekend program where students can participate in on-campus activities or opt for off-campus programs being offered. Students who select off-campus activities will be charged for transportation and any entrance or participation fees. Participation in the weekend activity program is mandatory for all boarding students in Grade 7-12.

### *Meals away from the School*

When students are away from the school for school-related activities, we often provide \$20 to cover the cost of a meal in a restaurant. This charge will appear on the student's personal account as "Extra Meal Money \$20.00."

### *Transportation*

Should a vehicle or bus need to be used or hired for weekend activity transportation, a charge to cover the cost will be billed to participating students.

# Food services

Rosseau Lake College provides three nutritious meals a day plus snacks for boarders while at the school. Day students are provided lunch Monday to Friday as well as an after-school snack before leaving each day.

Students who require a vegetarian or special diet should contact the Food Services and Health Services staff to discuss.

Food is not to be taken out of the dining hall. The exception to this would be taking a small snack at brunch on Saturdays and Sundays to eat during the afternoon. Dishes are not to be removed from the dining hall.

All meals are cafeteria style, with the exception of family style meals during Head's Lunch, which occurs on the first Monday of every month. Check-in for breakfast, brunch, and dinner is mandatory.

The use of electronic devices (phones, laptops, etc.) is not permitted in the dining hall to encourage individuals to have meaningful conversations during and between meal times.

Meal service hours are as follows:

	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
<b>Monday - Friday</b>	7:45 - 8:15 am	12:00 - 1:00	5:30 - 6:00
<b>Saturday and Sunday</b>	8:30 am (optional) 10:30 - Noon (mandatory check-in time 11:45)		5:30 - 6:00



# Student support

The health and wellbeing of our entire community is our utmost priority. The school does not permit students to have medicine or personal medical kits at the school for their own use. Each House Parent has an emergency kit and the House Parent can provide medication for colds, headaches, etc., as needed.

If a student needs to take prescription drugs, they must be brought to Coordinator of Health Services. All prescription medications will be kept at the Health Centre, and students requiring daily medication must report to Health Services at the appropriate times. It is the responsibility of the student to remember to obtain the required medication. If a student does not take the medication regularly, the Parents/Guardians will be informed and further action may result. The Parent/Guardian is responsible for providing a supply of prescription medication for boarding students. If providing an adequate supply is not possible, please contact Health Services to discuss alternate arrangements.

Students who require medical attention should report to Health Services weekday mornings before Community Circle and the academic day begins. Should a student require medical attention at other times, they must inform their House Parent, teacher(s), or the Administrative Office staff. The Coordinator of Health Services or designate will drive students who need to see a doctor to Parry Sound or Bracebridge or to the Nurse Practitioner in the village of Rosseau. Please indicate on your child's medical form any special medical needs. When students require medical attention outside of Rosseau, an extra charge may be levied.

Dental check-ups, etc., should be arranged to coincide with long weekends or vacations. In the event of a dental emergency, school staff will transport the student to a local dentist.

Please do not send your child back to school after a weekend or holiday if he or she is ill or has injuries that require special medical arrangements. We are somewhat removed from a large medical facility and our infirmary is small.

## **Immunization**

Under Ontario law, students are required to have the appropriate immunization prior to entering school. All new students are required to provide a complete, legible copy of their immunization records in English prior to or at the time of registration. The Coordinator of Health Services is required to enforce this regulation. New students should refer to the [Rosseau Lake College Medical History Form](#). Returning students should record any changes in their health on the Returning Student Health Form.

## **Health and Wellness**

Rosseau Lake College is a small family-like community where the health and wellness of individual students is observed, monitored and supported through the circle of care provided by House Parents, Coaches, Mentors, and/or Teachers. The close-knit environment allows for comfortable, safe conversations to occur without the fear of judgment. If an issue arises that requires more support than the Mentor, House Parent, Coach or Teacher is able to provide, the Coordinator of Health Services and/or the Assistant Head of School, Student Life are brought into the circle of care. A mental health professional from Parry Sound Family Service is brought in (in consultation with parents; at an additional cost) if the need arises.

## **Exemption from Activities for Medical Reasons**

Since many activities that take place at the school are of a vigorous nature, anything in a student's medical history that would make it hazardous for a student to participate should be brought to the attention of the Coordinator of Health Services immediately.

### **Health Insurance**

All Canadian and landed-immigrant students must be covered by Ontario Health Insurance or other health insurance. All international students will be enrolled in medical insurance coverage while attending Rosseau Lake College. In addition, parents/guardians must provide the health care provider with the required authorization and credit card information to pay for medical expenses. It is the responsibility of the Parent/Guardian to complete and submit any necessary forms, receipts etc., to their respective insurance company.

### **Allergy / Nut Allergy Policy**

RLC asks that families inform the school of any allergies a student may have. All RLC staff are notified of students who have severe allergies requiring a self-injectable epinephrine device. While RLC cannot guarantee that items containing nuts will never be brought into the school, our food services staff has taken steps to address allergy concerns inherent in food preparation for daily meals and event refreshments on campus. Please see RLC's Anaphylaxis Policy Statement.

### **School Leave Requests**

Student requests to leave campus for any scenario, including school long weekends and holidays, will require them to complete a "New Leave Request" in the REACH School Life Management system at least two days before their intended leave. For scheduled long weekend and holiday breaks, leave requests are due at least two weeks in advance of the break. Once submitted, all relevant parties (which may include parents, Houseparents, and hosts) will receive an email where they must indicate approval or denial of the request before permission to leave is finalised. If classes will be missed, students will also need to fill out an Academic Leave Form to seek the required permission of the Assistant Head of School, Academics. Individual personal transportation (bus, taxi, private car etc.) arrangements must be made by individual families direct with local service providers, a list of which can be provided by RLC.

Individual personal transport cannot be billed to student accounts. Students are asked to wear neat, casual clothing when traveling by public transit.

Students may be denied leave if they have academic, athletic, or other school commitments. For weekend leaves, boarding students are expected to return to school on Sunday by 6:00 pm in order to participate in house meetings. If a student has been granted parental approval for leave, the faculty and staff of Rosseau Lake College do not accept responsibility for the behaviour, health or safety of students while they are off campus. Parents and guardians are reminded that those who host students for leave have full legal responsibility for the actions of the individuals under their charge. Our Rosseau Roots values are important at all times for students and parents to uphold.

### **Travel to/from School for Boarders**

Students may sign up to use school-chartered transportation on scheduled weekends/holidays and the student's school account will be charged. A bus to Toronto will be available for students travelling southward for scheduled long weekends and vacations. An email of bus departure and arrival times will be sent by the administrative team to Parents/Guardians at least two weeks before the travel dates. Students will need to indicate their request to take the bus at least a week prior to travel by selecting "School Charter Bus" in the "Leaving Transport Details" and/or "Return Transport Details" of their Leave Request in the REACH Student Life Management system. Parents/Guardians will review and approve these requests by email. Dormitories are closed during long weekends/holidays until 7:00 pm of the return to school day.

For students travelling at different times, the arrangement for transportation and the associated cost is their personal responsibility. For those travelling on the Ontario Northland bus, the bus depot is at the Quality Inn in Bracebridge – if students arrive in a snow/ice storm they have the option of reserving a room for the night and returning to the school when the roads are safe for travelling

It is the Parent's/Guardian's responsibility to provide transportation from the destination of the Ontario Northland bus depot to their home, and to make arrangements for the student to return to the school by 6:00 pm following school leave.

Immunization

# Outtrips

Each fall, the entire school goes on various outtrips with their respective grades. Travelling far and wide throughout Ontario, every student at RLC will spend a minimum of five days in the wilderness experiencing nature in all of its glory. Students must learn to work as a team, overcome personal challenges, and develop resiliency as they step out of their comfort zones into an environment that will test their character and help them discover who they truly are. This is an integral aspect of the RLC experience.

In order to be successful on outtrips, it is imperative that students are properly dressed and equipped for the elements. The following section highlights what students need in terms of clothing and personal equipment not only for fall outtrips, but for all of the outdoor adventures they will experience during their time at RLC.

## OE Starter Kit

The RLC OE Starter Kit is required for all new students to help set them up for success at RLC. It will help them to be more confident and comfortable on outtrips and other outdoor adventures. The starter kit includes:

- 1 synthetic minimum - 9°C sleeping bag
- 1 sleeping pad
- 1 headlamp
- 1 1-L wide mouth Nalgene bottle
- 1 20-L dry bag
- 1 5-L dry bag

The price of the OE starter kit is \$500 CDN. This amount will be charged to student accounts in September.

In addition to the equipment included in the OE Starter Kit, students will also need the following items in order to be properly equipped for the outdoors.

## Footwear

- Running Shoes - 1 pair
- Sandals - closed-toe varieties work best. These can be used for swimming, showering, or walking around campus or camp sites
- Socks - 2 pairs of wool or synthetic socks - these dry quickly are great for hiking and other adventures at the school

## Technical Clothing

When dressing for trips or changing seasons we always dress in layers. You need a base layer which fits against the body in a snug but not tight fit. This is usually a soft short or long sleeved shirt. Next is your warm layer which is a long sleeve shirt, usually a fleece, and your outer layer is your wind or rain gear.

- 1 pair lightweight long underwear synthetic or wool top and bottoms
- 1 fleece jacket mid to heavyweight pile
- Rain gear you need both a jacket with hood and pants
- 1 pair of light-weight hiking pants nylon or fleece works well (no cotton)
- 1 pair of hiking shorts (nylon works well, or swim/board shorts or running shorts)
- 2 lightweight short sleeve shirts (quick dry, synthetic fabric)
- 1 long sleeved shirt (fleece, synthetic or wool base layer works well)
- 1 swimsuit
- Underwear (1 pair per day)

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- 1 pair lightweight long underwear synthetic or wool top and bottoms
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- Rain gear you need both a jacket with hood and pants
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- 1 pair of hiking shorts (nylon works well, or swim/board shorts or running shorts)
- 2 lightweight short sleeve shirts (quick dry, synthetic fabric)
- 1 long sleeved shirt (fleece, synthetic or wool base layer works well)
- 1 swimsuit
- Underwear (1 pair per day)



## Boarding life

Rosseau Lake College (RLC) offers a distinctive boarding experience for students in Grades 7 to 12, blending academic rigour with immersive community living. There are both five-day and seven-day boarding options, accommodating students from across Canada and over 20 different countries.

Boarders live in one of four houses—Brock, Bricks, Clarkson, or Lakeview—each fostering a supportive environment where students engage in shared responsibilities and mentorship. Students participate in a variety of co-curricular activities, including outdoor adventures, arts, and community service, all while being guided by dedicated houseparents and staff who ensure a safe and nurturing atmosphere. The intentional diversity within the boarding houses enriches the student experience, allowing for cross-cultural exchanges and the development of global perspectives.

Each house is staffed by a head houseparent and assistant houseparent and supported by all members of the boarding life team, including a team of boarding life dons.

All members of the boarding life team provide support and guidance for the students in their care. They are responsible for social and academic guidance as well as for the conduct, cleanliness, and safety of the buildings. RLC expects students to be considerate and mature in respect to personal and school property. Minor infractions will be handled by the houseparents and house representatives, while more serious offences will be handled by the Director of Boarding Life, supported by the Assistant Head of School, Student Life and/or the Head of School where warranted.

## What to bring

- 4 towels
- 2 washcloths
- 2 sets of twin sheets & pillowcases
- 1-2 pillows
- 2 blankets or comforters
- 1 alarm clock (phones will not be available for use as morning alarms)
- 1 desk lamp
- 1 personal lock box (optional, but recommended)
- 1 sports helmet (if bringing a bike or ski/snowboarding equipment)
- 1 mesh laundry bag

## Clothing Recommendations

- 2 swimsuits
- 14 pairs underwear
- 2 pair pyjamas
- 1 pair running shoes
- 1 pair flip flops / sandals
- 8 pair athletic socks
- 2 pair warm synthetic or wool socks
- 4 pair dress socks
- 2 long underwear, tops & bottoms (wool or synthetic material)
- 2 pair warm gloves or mitts for winter months
- 1 pair lightweight gloves or mitts – wool or similar quick drying material
- 1 warm fleece/wool hat (toque)
- 1 warm ski jacket/parka (down or fiberfill)
- 1 pair winter boots
- 1 shell rain jacket with a hood (waterproof is preferable to water resistant) 1 shell rain pants (waterproof is preferable to water resistant)
- 2 pair lightweight pants (nylon works well)
- 3 pair shorts
- 4 lightweight short-sleeve shirts
- 2 long-sleeve shirt
- 2 sweater – wool or fleece
- 1 baseball cap or other sun hat
- A selection of clothing items for casual dress and weekend wear

## Laundry & Bedding

Students do their own personal laundry in their houses. Personal bedding is sent out bi-weekly in the morning and returned within 48 hours.

Shopping trips are scheduled several times throughout the year as a weekend activity and a great opportunity for students to purchase any additional items. Orders can be made online also and delivered to the school.

Toiletry items – toothbrush, toothpaste, floss, brush or comb, deodorant, shampoo and conditioner, and feminine hygiene products – are available in limited quantities at the school store or can be purchased in the nearby village of Rosseau.

**Ensure that every article of clothing and other personal items are clearly marked with your child's name.**

**Please limit extra clothing and personal belongings as there is limited storage space.**

Students may bring seasonal equipment (skis, snowboards, bikes, hockey equipment, etc.) but must take the equipment home during the off-seasons. Storage space in the dormitories is very limited, and barbells and other fitness equipment should be left at home or kept in the school's fitness room.

## Eyeglasses

If your child wears prescription eyeglasses and/or contact lenses, please send an additional pair of glasses/lenses and ensure that your child has a copy of their prescription with them.

## Money

Students are advised to bring a small locking box in which to secure credit and debit cards, and cash and other valuable items. Students should NOT leave significant amounts of money or valuables in their rooms. The school cannot be held responsible for any personal loss.

## Passports

For those students arriving at the school with their passports, House Parents will collect these to be stored safely in a secure location. These will immediately be available to students in time for international departures, or for any administrative purposes.

### **Visitors**

Visitors are welcome on campus but must check in with the main office before arriving. Parents and friends are encouraged to check their child's schedule before arranging a visit to the school. Boarders need to have their Head House Parent approve any visits.

### **Care and Cleanliness**

Rooms and adjacent grounds are to be kept tidy at all times. Students tidy their rooms after breakfast in preparation for daily room inspection conducted by the house parent on duty at 8:15 am. Articles of clothing etc., must always be put away neatly – not left on the floor, bed, chairs, etc. Study areas must be well-organized at all times. Each Sunday evening students will do a thorough cleanup of their rooms as well as all common areas in the house. There is a high standard Head's inspection each Monday.

### **Appliances**

Students are NOT allowed to have mini-refrigerators or personal televisions at the school. Cooking appliances and space heaters are also prohibited at the school because they present a fire hazard. In some cases, other small appliances, such as a kettle, may be approved for use by the Head House Parent.

### **Posters, Pictures & Wall Decorations**

We encourage students to make their rooms homey showing their personalities through the decorations and pictures. In order to comply with fire regulations, wall decorations must be kept to a reasonable number. They must not be draped across lights or attached to curtain rods, or to the ceiling. Any damage caused to walls by tape or glue will be charged to individual students. Damage-free products such as 3M clips, hooks and adhesive strip are to be used. Tacks or staples may not be used, except when a tack rail or bulletin board is available. Posters must be appropriate and reflect RLC values and be

agreeable to roommates sharing the space. The Head House Parent reserves the right to determine what is considered to be appropriate.

### **Damage**

The care and tidiness of each room and its contents are the responsibility of the occupants of the room. Consequently, breakage and damage in the rooms, boarding houses, or school property will be charged to the individual(s) responsible.

### **House Tasks**

House Parents, and/or House Representatives, (in consultation with the House Parents) may assign tasks to students for minor misdemeanors in the community. The work will be of a general value to the house.

### **Overnight Accommodations for Day Students**

If space is available on campus, overnight accommodations or extended stays may be arranged for day students when necessary. A charge of \$180 per night will be made to the student's personal account. If the student is staying to participate in an RLC activity or travelling with the school, the Director of Boarding Life will ensure there is no charge to the account. Parents of day students must contact the Director of Boarding Life by email at least 72 hours in advance to make arrangements.

### **Fire Equipment and Procedures**

Regulation fire extinguishing apparatus is located in all buildings and the equipment is inspected monthly. Tampering with any of the fire equipment or alarm system is considered a serious offence. In the event of an alarm, all students must take an outside route to the assembly point for roll call. Until an "all-clear" dismissal is called, no one is permitted to leave the assembly area. All staff and students are made familiar with the fire evacuation procedure and a copy of the RLC Fire Regulations is posted in each dormitory. Practice alarm and fire drills will take place shortly after residents arrive and periodically throughout the school year.

## Weekend Activities

Weekends usually include an assortment of activities designed to help boarders enjoy their surroundings, relax with friends, and have a chance to explore new interests. Activities range from intramural sports like basketball and volleyball, to off-campus adventures and outdoor activities. Students will also have the opportunity to visit local towns like Huntsville and Bracebridge. We provide opportunities that align with our RLC brand – looking to get students active outdoors and engaging in sustainable activities!

Lake League (recreational sports)  
Community Service  
Backyard games (students create and play)  
Hiking  
Cross Country Skiing  
Snowshoeing  
Snowboarding  
Downhill skiing  
Canoeing  
Shopping trips to local towns  
Socials (dances)  
Arts and Crafts  
Movie Nights  
Rock Climbing  
Community Kitchen  
Scuba Diving  
Archery  
Camping trips  
Outdoor adventures!

Information is sent out each week for boarders to sign up for the activities in REACH that they would like to join on the weekend. Everyone must sign up for at least one active option each weekend. Day students are always welcome to join the activities, although there may be a fee charged for this, which will vary depending on the activity.

Boarders who wish to leave campus (e.g., to go home or to a friend's house) can use the REACH Student Life Management system to create a new leave request. This initiates a series of permission requests that are emailed to relevant parties (including parents/guardians, hosts, House Parents, etc.) who will all need to approve the student's request before it is granted.

Boarders are expected to be present and participate on:

- Opening Day
- Fall Outtrips
- Fall Colours
- Rhythm for Rosseau
- Closing Day

## Scheduled Long Weekends and Holidays

All students and parents/guardians are expected to be aware of the dates of long weekends and holidays, paying special attention to pick-up, drop off and/or travel times. Please refer to the school calendar for specific times and dates throughout the year.



# Rules and regulations

Rosseau Lake College believes that all students, parents, teachers and staff have the right to be safe, and to feel safe, in their school community. With this right comes the responsibility to be law-abiding citizens and to be accountable for actions that put at risk the safety and happiness of others or oneself.

In addition, with this right comes the responsibility to contribute to a positive school climate. The promotion of strategies and initiatives such as student character development, along with the employment of prevention and intervention strategies to address inappropriate behaviour, fosters a positive school climate that supports academic achievement for all students. Therefore, the focus on prevention, early intervention, and overall learning is the key to maintaining a positive school environment.

In order to ensure the strength of our community, personal responsibility, and overall empathy and growth, RLC has committed to a restorative approach to community commitment and behaviour. We believe that this process allows us to formalize the approach that has always been at the centre of RLC's intuition: placing learning and the student at the forefront as part of a larger circle of care.

## **The BIG Rules**

It is important to remember that all the school rules and standards are in place first and foremost to help ensure the safety and wellbeing of every member of the Rosseau Lake College community, and to support a culture of belonging. Many of these standards are also necessary in order to enable the community to function on a day-to-day basis. Don't be afraid to ask the house parents, teachers, or any staff members for clarification of any of the rules and expectations.

Show respect for every member of the RLC community (including yourself!), as well as for your surroundings and the school traditions. This respect will be evident particularly in the following areas and any breaches in these areas will result in consequences:

- Language – use appropriate words that are not insulting, hurtful, or derogatory in any way
- Dress – wear your uniform properly, and be sure that you are well groomed. Tattoos and piercings are not to be done when school is in session, but should only be done during extended breaks from school (i.e., March break, Christmas, summer) with parental permission and when proper care can be assured.
- Public Displays of Affection – while modest public displays of affection are acceptable (e.g., holding hands) anything that approaches inappropriate or overt sexuality is not.
- Bullying – any type of bullying, harassment, or discrimination is unacceptable.
- Fighting
- Theft
- Pornography
- Any activities that might potentially interfere with the safety and wellbeing of any individual
- No open flames are permitted anywhere on school property unless under the direct supervision of a member of staff in a controlled situation.
- Appliances used for cooking are not permitted in dorm rooms under any circumstances.
- Our dining hall is an electronics-free zone at all times, unless specially noted or during a scheduled class in that space. This means that your phone may NOT be used or visible, or you will be asked to hand it in for safekeeping.
- All meals are mandatory, and you must check in for breakfast, brunch, and dinner. If you skip a meal, follow-up will take place with both boarding and day students.
- Sign out from your dormitory when you leave campus (unless you are with a school activity) – and back in when you return! You may not leave the campus after 7:00 pm.
- Day students arriving at school late or leaving school early (e.g., for appointments) need to sign in and out at the office.
- Student vehicles are permitted on property only with signed permission – speak to the Assistant Head of School, Student Life to obtain a vehicle use form.
- Respect the waterfront and its safety guidelines.

- Be where you are supposed to be when you are supposed to be there. This includes classes, sports, clubs, meals, curfews, any organized activities, or anything else you are expected to show up for at a specific time.
- Firecrackers and fireworks are NOT permitted at any time.
- Hazing, and/or any type of initiation ritual for any group or organization, is neither permitted nor condoned by RLC. Involvement in, or association with, any of these activities may lead to dismissal.
- Alcohol, tobacco products (including e-cigarettes and vaping), drugs, or any other controlled or illegal substances are NOT permitted to be used or to be in your possession at any time while you are at school, whether on or off school property, or in any school related activity. This includes any paraphernalia associated with any of these substances – including matches and lighters. Violation of this may lead to suspension or dismissal. Students found to be in close association with individuals who may be in violation of this policy may also be subject to consequences.
- Weapons of any kind are not permitted on site. Toys that are realistic representations of weapons are also not permitted on site.

#### *Room and Locker Searches*

Students and parents must be aware that the dormitories and locker rooms are school property and that the school reserves the right to search students' rooms and lockers in order to protect the community. Room/locker searches, whether of an individual student, an entire house, or the whole school, may be warranted when serious issues arise such as theft, the use of or possession of drugs, tobacco, alcohol, and weapons. When possible, room searches will be conducted with the knowledge of the Head of School, the Director of Boarding Life, and the Houseparents.

#### *Leaving Campus During the Day*

All students are expected to be on campus throughout the academic day. Any requests to leave campus must be authorized on an individual basis and approved by the Administration Office. Students may not transport other students at any time in vehicles.

#### **Out-of-Bounds**

Accountability for out-of-bounds areas includes all students and applies to the following areas/buildings:

- All Maintenance building areas, the pump house, the outdoor education equipment building, and the Hennigar Outdoor Education Centre (HOEC), unless the student is accompanied by a member of staff or on designated school business.
- The kitchen work area.
- The staff workroom and lounge in the Perry Building.
- All staff homes unless the staff member is present.
- Science labs, unless under direct supervision of a staff member.
- The art room for all students (however, senior students may be given permission the art teacher to work on projects in the art room).
- The Health Centre unless the health care provider is present.
- Local cottages/houses, private property.
- All school vehicles and maintenance vehicles and equipment.
- The school store when it is closed.
- Closed student houses.

#### **Disciplinary Sanctions**

Consequences for breaking the rules will depend on the severity of the breach, the frequency, and other extenuating circumstances. These consequences almost always begin with a conversation with the individuals involved to begin the process of rebuilding the community when its integrity has been challenged by negative behaviours. Individuals who have been affected by the behaviour may also be involved in a restorative conversation to help develop an action plan for how to rectify any damages within the community when harm has been done. The student's mentor and Assistant Head of School, Student Life will also be involved where warranted. There are times when specific consequences may be deemed appropriate, and these may include:

**Work hours** – done during free time to give back to the community.

**Gating / Grounding for Boarders** – you must hand in all electronic devices until the following morning (you may have use of your computer during academic prep, if needed) and will be confined to the school property for the same time period. In some situations, gating may extend to being grounded to your room, which means you must remain in your room during this time and no visitors are allowed.

**Suspension** – In-School: Suspended students may attend certain classes but will forfeit participation in co-curricular activities. Out-of-School: Students on out-of-school suspension are responsible for any assignments or tests they may miss while they are absent and are not permitted to participate in school sanctioned co-curricular activities. Upon completion of the suspension period, the student's Parent(s)/Guardian(s) may be asked to accompany their son or daughter back to the school in order to discuss with the Assistant Head of School, Student Life the conditions under which the student is to remain in the school.

**Dismissal** – Although dismissals are rare, the most common cases of dismissal are possession or use of drugs or alcohol on campus or school sanctioned event, theft, any act that threatens the physical or emotional safety of another person or group, persistent bullying or harassment, a willful breach of the law resulting in a criminal conviction. Parents are reminded that there are no tuition refunds in the event of a dismissal or withdrawal from the school.

Suspensions, dismissals, and any information relating to violent incidents leading to reports to the police must be maintained in the Ontario Student Record file (OSR) as outlined by the Ontario Ministry of Education guidelines.

# Safety protocols

## Waterfront

### Swimming

Access to Lake Rosseau is a great asset to Rosseau Lake College but there are certain inherent risks associated with the school's extensive waterfront. Our goal is to give students the opportunity to enjoy the lake and a variety of water-based activities, and our primary concern must be the safety of the students. Ideally, they all use common sense when participating in activities in, on, or near the water, but the following guidelines are intended to support that common sense:

#### *Swimming on Campus*

- Students may swim only from the swim dock, the beach, or the canoe docks.
- Two RLC staff members who hold a current NLS must supervise students while swimming.
- Supervising staff are to be actively guarding the swim and not participating in the swim while on duty.
- Students must not swim more than 15 meters away from the docks or the deep section of the beach. If students are swimming more than 15 meters away from the docks or the deep section of the beach they must be wearing a properly fitted PFD. (with exception to the lighthouse swim. See Lighthouse Swim section).
- All students must perform and successfully complete the RLC swim evaluation before being permitted to swim without a PFD.
- Those students who do not complete the swim evaluation MAY NOT go into the water at any time without a PFD, even if they are just getting their feet wet.
- Recommended maximum staff to student ratio is 2:25.

### Dock/Swim Location Specific Swimming

- Students may swim within the designated swim areas.
- All swim locations will be equipped with a first aid kit, reaching device, throwing aid, and a 2 rescue/floatation device.
- All swim locations will have a sign in/sign out sheet to be completed when swimmers enter the water and after they have left.

### Lighthouse Swim

- Students participating in a lighthouse swim must have an accompanying safety boater.
- A crash boat must supervise the swim with an NLS-certified staff member in addition to the boat driver.
- A minimum of two NLS certified staff members must supervise the swim from either a SUP or a Kayak/Canoe. They are not permitted to participate in the swim.

### Swimming on Outtrip

- Swimming is a common activity on both land- and water-based trips. Care must be taken to eliminate the risks associated with an uncontrolled swimming area.
- Staff must check all swimming areas for depth and hazards (rocks, logs, etc.).
- Swimming must be supervised by staff with current NLS/Bronze Cross certification.
- Entry and exit points must be well checked for slippery rocks, glass, etc.
- Parameters must be set regarding water entry: diving, jumping, or wading.
- Swimming perimeter must be established.
- No swimming without supervision.
- No swimming at night.
- Reaching assists and rescue aids need to be readily available.
- A PFD will need to be carried on land based trips if non-swimmers wish to swim.

## Swim Evaluation

The purpose of the swim evaluation is to determine a student's ability to swim without a PFD in a lake. The student's swim evaluation must be completed before departing for outtrips in September. Two staff are required for the evaluation: one facilitating, one lifeguarding. Before the test each student must be asked if they are a swimmer or non-swimmer. Non-swimmers must do the test with a PFD. If unable or unwilling to do so, that student may not participate in water-based outtrips.

For the test students will:

- Enter the water from the East shore beside the RLC swim dock.
- Swim parallel to the dock

## Boating

There are a number of kayaks, canoes, and sailboats at RLC and students are encouraged to utilize them. The following guidelines must be adhered to while using RLC watercraft:

- All students and staff must wear approved PFDs for all water craft activities at the school.
- Students must be supervised by an RLC staff member at all times with a minimum of Bronze Cross.
- All boats will follow Coast Guard guidelines for required safety equipment .
- In case of severe weather (lightning or high winds) all participants must leave the water immediately to ensure their safety.

## Flat Water Canoeing

- Recommended maximum staff to student ratio is 1:14.
- Paddlers should stay within eyesight and/or earshot.
- Lead and sweep canoes should be established before heading out.

## Sailing

- There must be a motorized boat on the water at all times when students are on the water.
- Students must be supervised by an RLC staff member at all times with a minimum of Bronze Cross.

## Flat Water Kayaking

- Students must perform and practice wet exits with and without a skirt before they are permitted to paddle on open or deep water.
- Students must practice rescue procedures before paddling on open or deep water.
- Recommended staff (or competent Faculty Assistant) to student ratio is 1:7.

## Sea Kayaking

- Students must perform and practice wet exits with and without a skirt before they are permitted to paddle on open or deep water.
- Students must practice rescue procedures before paddling on open or deep water.
- Students must be accompanied by an RLC staff member. Maximum staff to student ratio is 1:6.

## White Water Kayaking and Canoeing

- White water helmets must be worn at all times.
- Appropriate footwear must be worn at all times.
- Students must perform a wet exit before they are permitted to paddle a kayak in moving water.
- Each canoe must have a throw bag attached to the stern grab loop.
- Prior to running rapids students must be taught: river dynamics, safe swimming positions, self rescue, assisted rescue, throw bag rescue, and paddle signals.
- Students must practice and demonstrate competence and understanding of the above prior to running rapids.
- Each staff must carry appropriate safety equipment.
- Recommended maximum staff to student ratio for whitewater activities is 1:6.

## Other safety protocols

### Rock Climbing

- Only climbing areas approved by the Head of Outdoor Education (HOOE) will be used.
- Staff approved by the HOOE will supervise all climbing activities.
- Students will be taught relevant climbing procedures and site safety policies each climbing day and reviewed during the day as required.
- The boundary around the lunch/helmets-off areas should be clearly outlined for students at the beginning of the day.
- Staff and students will empty pockets and remove jewelry, whistles, and other sharp objects including pocket knives before climbing.
- They should be wearing appropriate footwear.
- UIAA approved climbing helmets must be worn and fitted properly during climbing activities.
- Unless safely clipped in, no student or staff shall be closer than three meters to the edge of the cliff or go past restraining barriers.
- Spotters must be used when bouldering. The boulderer's feet may not rise above the spotter's shoulders. This is the maximum permissible bouldering height and should be reduced according to conditions.
- There must be at least two Rocks Co-coordinator (RC) approved anchors per climbing system.
- Before each climb, staff approved by the RC must check all knots, harnesses, and belay tie-ins done by students. The RC will check all climbing systems before use.
- A safety belay will be used on all rock climbs and rappels. Gri-gris will be used. Other belay devices must be approved by the HOOE.
- Before a student belays a climber they must practice and demonstrate proper belay hand sequence, braking ability, and uniform climbing calls.
- The calls are – On belay, Climbing, Climb.
- All students must be belayed from an independent system when on a rappel. The belay rope and rappel rope must be on separate anchors.
- A RC or staff designated by the HOOE will inspect climbing gear and sites before each use.
- All personal climbing gear used during a RLC climbing day must be checked and approved by the RC.
- During climbing days staff will have access to a vehicle for use in the event of an emergency.
- Chest harnesses will be used during rappels.
- Guests or visitors must have permission of the HOOE or designate to participate in climbing activities.
- All staff rappels shall use a top belay or prusik self-belay.

### Wall Climbing

RLC follows the A.C.C.T Climbing Wall Policies which are posted in the Outdoor Education Shed).

### Mountain Biking

- Students must wear a properly fitted and tightened helmet at all times while riding.
- On Mountain Biking Outtrips, staff must carry a repair kit.

### Snowboarding/Skiing

- The following rules apply to all users of the snowboard park:
- Notify a staff member on duty that you are at the snowboard park.
- All snowboarders must wear a helmet at all times when in the park.
- No inversions at any time.
- No toboggans or GT racers are allowed on the jumps.
- No toboggans are allowed in the snowboard park area.
- Always snowboard with a buddy to ensure safety.

### **Tobogganing**

- Notify a staff member on duty that you are tobogganing.
- Only toboggan down a clear pathway, away from obstructions such as trees or lampposts, etc.
- No toboggans are allowed in the snowboard park area.
- Always toboggan with a buddy to ensure safety.

### **Ice Pond Activities**

- No unnecessary roughness is allowed on the pond at anytime.
- Hockey and broomball sticks are to be kept below the shoulder.
- Pucks should stay on the ice.
- When shooting in broomball, two hands must be kept on the stick.
- Helmets are required when on the ice..

## **Motorized Vehicles and Watercraft Policy**

Rosseau Lake College strives to provide a safe and responsible policy for all students with respect to vehicle use. With this in mind, day students who wish to drive a motorized vehicle (car, snowmobile or boat) to school must abide by the school guidelines. Student and parent/guardian signatures are required indicating an understanding of, and agreement with these guidelines. Students and parents should recognize that this is a privilege that comes with a commitment to responsibility.

Students who plan to drive a vehicle to school must register their vehicle with the Assistant Head of School, Student Life and submit a permission form/vehicle policy form signed by their parents and themselves. The form may be secured from the Assistant Head of School, Student Life.

# Contacts

If you have any questions about academics, student life, or any other aspect of this guide, we invite you to reach out. Whether you're just beginning to explore Rosseau Lake College or are a returning family with specific questions, we are happy to help.

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Extraordinary learning  
is in our nature.